

EEW! What's that Smell?

Ages 6 and up

Time: 10 min.

Stuff you need:

A blindfold

Someone willing to be blindfolded



What to do:

Pick a room or area that is safe for people to bump around. Take turns being blindfolded and led around.

In different places, stop and take a moment to let the blindfolded person smell something (ie shaving cream, spice bottle) and guess what it is.

*Note: you can probably only do this for 10 minutes before your nose will become overloaded and it becomes difficult to tell smells apart. This is why the folks who work at Hershey's don't go crazy working with chocolate all day!



Did you know? You only breathe through one nostril at a time. Your nostrils switch regularly, one "breathing" more than the other in something called the "nasal cycle."